Be Physically Active



Veterans, Family Members, & Staff Are Invited to Attend a Presentation on "Getting Active"

Where: Castle Point and Montrose Campus via V-TEL

CP Multipurpose Room, Building 19-Room 100, MO Building 14-Room 128

Date: Thursday, May 19
Time: 1 pm to 2pm

Speaker: CHIRSTINA REISS, RN

Presented by Health Promotion Disease Prevention Program

